

Let's get online



Once you're up and running there's almost no limit to what you can do online. How about catching up on your favourite tv show, watching a film, or listening to some music?

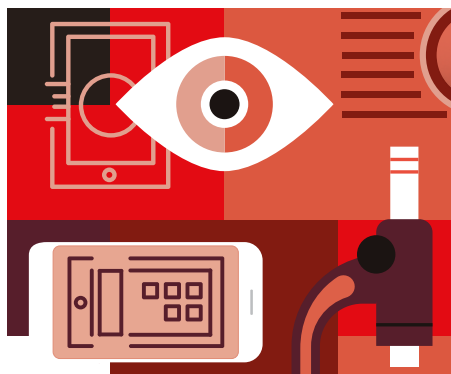
Getting online opens up a whole new world. It's a great way to connect with family and friends. You can carry out everyday tasks such as banking and shopping. And, you can even access services such as your dentist and GP.

How to set up email



Your first task is setting up an email account. It's a great way to communicate and you'll need it to access online services such as banking or shopping.

You can set up a free account with lots of companies, including **Outlook, Yahoo** and **Gmail**. You'll need to choose an email address, give a few details and choose a password. Visit one of the companies above to find out more.



How to send your first email

Once you've set up your account you can send an email.

- Click compose or send email
- Type the email address of the person you are writing to
- Fill in the subject line with what your email is about
- Type your message in the biggest section
- Click 'send'

How to socialise online



There are lots of ways to connect with others online. You can use messaging apps, video calls and social media sites. You'll even find you can join online classes or social meetings online.

WhatsApp

You can download WhatsApp to your smartphone or tablet and use it to message and call friends and loved ones. It's free to use if you're on WiFi and lets you send unlimited messages, pictures and videos.

Video calls

Video calling is a lovely way to see friends and family. There are lots of ways you can do this including WhatsApp, Zoom, Skype and FaceTime if you have an iPhone or iPad.

Social sites

Social networks such as Facebook and Twitter are a great way to connect with friends and follow

interests and hobbies. Have a look at each of these platforms to find out more.

How to shop and bank



Shop

Many shops and supermarkets let you shop online. This can be an easy way to do your weekly shopping or order from a shop that isn't close to you. You can search for these shops via Google.

Bank

Online banking lets you access your account whenever you need to, so you don't have to worry about opening hours or visiting your local branch. Your bank will probably have a banking app or a website that you can use and they will help get you set up. Once you have an online account, you'll be able to check your accounts, transfer money, make payments and more.